

# DANCE STUDIO SAFETY

## COVID-19 UPDATE

### CLASS TIMINGS

The timetable will be adjusted slightly to accommodate class switch overs while maintaining social distancing. Classes will also be adjusted in length to accommodate this.

### TOILETS

Please go to the toilet before class at home. Students in the large hall will have access to single cubicle unisex toilet in the large hall, while small hall students will have access to the unisex disabled toilet in the main corridor. We will ensure soap and paper towels are provided at all times.

### CHANGING ROOM

This will not be available. Students must arrive in uniform and shoes (ballet, tap etc appropriate for the class) ready to dance. Students are encouraged to bring a named full water bottle into the hall.

### UNIFORM

Should you need to purchase uniform items, please do this at Dancia International in Crowthorne. We will not be selling uniform at this time.

## SOCIAL DISTANCING

- \*We have marked up the studio floor to help students maintain social distancing.
- \*We are allowing 10 minutes between classes to clean down surfaces and ensure the class has left before the next class arrives.
- \*Each student should arrive dressed in uniform, ready to dance. You will not be allowed into the building before your class time and there will be no changing facilities.
- \*To minimise contact, parents are to drop off and collect. Parents may wish to wait in their car or outside of the building. Please maintain the governments social distancing guidelines of 2 meters.
- \*Automatic hand sanitisers at the entrance and exit points.
- \*All class content will be planned with social distancing in mind an appropriate for each class. Props for our younger classes will not be used at the moment. Mat work for Acro will not be included at this time as we are unable to spot.
- \*All teaching corrections will be given verbally once music is paused.
- \*Classes will have a zoom link if you would rather/need your child join in from home. Fee's will still be payable.

## GROUPS

- \*Younger students who may not maintain social distancing will be in fixed groups within their classes.
- \*Classes and groups will be no larger than 15 students.
- \*Student helpers will not be used at this time to minimise the mixing of groups.

## VENTILATION

Outside doors that can be opened to allow fresh air into the building will be. The Extractor system will also be run at periodic intervals.

## BARRE WORK

A chair will be provided in each "dance square" to be used and will be cleaned between each class.

## SYMPTOMS

Anyone with any illness or virus symptoms within their families should only take part via zoom & get a test. Once a negative test result is received they may return to class.

Students will be asked before entering the building if they are feeling well.

## ISOLATION

Should a student develop COVID-19 symptoms during class, they will be isolated in the 'changing room' until parents collect them.

They may continue their classes online via ZOOM & once a negative test result is received they may return to class.

## TRACK & TRACE

We must have up to date information for you and your child. Please log in to your parent portal and ensure your information is correct. <https://app.classmanager.com/portal/frogmore-dance-school>

# DROP OFF & PICK UP

\*Entrance via the halls front door will be permitted to students at the class time. Students should wait outside before class, maintaining the governments social distancing guidelines. Please be ON TIME. Entering late for class is not an option.

\*A one way system with the drop off at the buildings front door and the exit collection point at each hall fire exit.

\*No parents will be allowed in the building. Please wait in your car or outside the building, maintaining the governments social distancing guidelines. This will ensure you are still in the vicinity of the building so you are NOT LATE for pick up. Late pick up will cause a delay in the start of the next class which is unacceptable.

\*Parents who wish their child of a suitable age to walk home and not be collected by a parent, must inform us of this in writing.

# CLEANING

\*Doors which can be left open during our hall hire, will be, to minimise surface contact.

\*All contact surfaces such as door handles, toilets flushes & toilet seats will be cleaned between each class.

\*We have a disinfectant fogger with 429 solution which will be used to sanitise areas as an extra precaution.

# SINGING

\*We are now able to participate in individual and group singing within musical theatre class and private lessons.

# FEEES

\*Fees are payable in advanced and should be received before the start of term unless you have spoken with Verity.

\*Payment method is via Bank Transfer only.

## BARE FEET

Bare feet for dance is not currently recommended by One Dance UK, students may wear split sole jazz shoes or ballet shoes (if they already have them) to classes were bare feet would normally be worn. Students may also have the option of wearing dance socks such as Blochsox (These are not normal socks. Normal socks are unsafe and are a slip hazard) Trampoline socks with the grippy soles are also a good option

## TAP SHOES

For those children who cannot tie their own tap shoe laces, could parents please replace the laces with elastic or No tie laces.

## BALLET CARDIGANS

If sending your child to class in a Ballet cardigan, please just tie loosely at the front, not the back. This way children can remove their own cardigan if they wish. We will temporarily permit zip jumpers, if this is easier.

## POINTE WORK CLASS

Students should bring to each class their own resistance band, bouncy ball and squishy ball.

## PBT CLASS

lease bring your yoga ball along with a medium sized ball to each class

## STRETCH & CONDITION CLASS 2 & 3

Please bring with you a yoga block, bouncy ball and a resistance band to each class.

## WATER BOTTLES

If your child normally needs a drink during class, please send them with their own, named, filled, water bottle.

## FACE COVERINGS & MASKS

Students aged 12 years and over must wear a face covering to enter and exit the building, these may be removed during class.

