



Frogmore Dance School

June - July 2026

TUESDAYS

16:00 - 16:25 25m Preparatory Ballet - 2½ yrs +	15:50 - 16:20 40m Grade 2 Tap
17:15 - 17:45 40m Junior Freestyle	17:10 - 17:50 40m Grade 3 Tap
18:00 - 18:45 45m Upper Freestyle	17:50 - 18:30 40m Grade 5 Tap
18:45 - 19:25 40m Musical Theatre Level 4	18:30 - 19:10 40m Adult Tap
19:30 - 20:10 40m Musical Theatre Level 5	19:10 - 19:50 40m Adult Ballet
20:15 - 21:00 45m Stretch & Condition Class 1	

WEDNESDAYS

16:00 - 16:25 25m Beginner Modern	15:50 - 16:20 40m Grade 2 Tap	
17:15 - 17:45 40m Junior Freestyle	17:10 - 17:50 40m Grade 3 Tap	
18:00 - 18:45 45m Upper Freestyle	17:50 - 18:30 40m Grade 5 Tap	
18:45 - 19:25 40m Musical Theatre Level 4	18:30 - 19:10 40m Adult Tap	
19:30 - 20:10 40m Musical Theatre Level 5	19:10 - 19:50 40m Adult Ballet	
20:15 - 21:00 45m Stretch & Condition Class 1		

THURSDAYS

16:00 - 16:25 25m Preparatory Ballet - 2½ yrs +	16:00 - 16:45 45m Grade 2 Modern	16:00 - 16:45 45m Junior St
17:15 - 17:45 40m Junior Freestyle	16:45 - 17:30 45m Grade 3 Modern	16:45 - 17:15 30m Private L
18:00 - 18:45 45m Upper Freestyle	17:30 - 18:15 45m Grade 4 Modern	
18:45 - 19:25 40m Musical Theatre Level 4	18:15 - 19:00 45m Grade 5 Modern	18:00 - 18:30 30m Private L

FRIDAYS

16:00 - 16:25 25m Preparatory Ballet - 2½ yrs +	16:00 - 16:45 45m Junior Acro - 6 yrs +	15:45 - 16:10 25m Little Mo
17:15 - 17:45 40m Junior Freestyle	16:45 - 17:30 45m Improvers Acro	16:15 - 16:40 25m Little Tap
18:00 - 18:45 45m Upper Freestyle	17:30 - 18:15 45m Upper Acro	16:45 - 17:30 45m Improver
18:45 - 19:25 40m Musical Theatre Level 4	18:15 - 19:00 45m Advanced Acro	17:30 - 18:15 45m Advance
19:30 - 20:10 40m Musical Theatre Level 5		18:15 - 18:45 30m Stretchin
20:15 - 21:00 45m Stretch & Condition Class 1		18:45 - 19:30 45m Modern
		19:30 - 20:15 45m Tap Festi

SATURDAYS

stival Group 1	09:15 - 09:40 25m Preparatory Ballet - 2½ yrs +	09:30 - 10:00 30m Ballet Fe
	09:45 - 10:10 25m Primary Ballet	10:00 - 10:30 30m PBT
ork Class	10:15 - 11:00 45m Junior Jazz - 7yrs+	10:30 - 11:00 30m Pointe W
etwork Ballet	11:00 - 11:45 45m Improvers Jazz	11:00 - 11:45 45m Senior Fr
Ballet Class 1	11:45 - 12:30 45m Contemporary - 11yrs+	11:45 - 12:15 30m Grade 1
Ballet Class 2	12:30 - 13:15 45m Leaps & Turns - 10yrs+	12:15 - 12:45 30m Grade 1
	13:15 - 14:00 45m Private Lesson L1	
	14:00 - 14:45 45m Private Lesson L2	
	14:45 - 15:30 45m Private Lesson L3	
	15:30 - 16:15 45m Private Lesson L4	
	16:15 - 17:00 45m Private Lesson L5	
	17:00 - 17:45 45m Private Lesson L6	
	17:45 - 18:30 45m Private Lesson L7	
	18:30 - 19:15 45m Private Lesson L8	
	19:15 - 20:00 45m Private Lesson L9	
	20:00 - 20:45 45m Private Lesson L10	
	20:45 - 21:30 45m Private Lesson L11	
	21:30 - 22:15 45m Private Lesson L12	
	22:15 - 23:00 45m Private Lesson L13	
	23:00 - 23:45 45m Private Lesson L14	
	23:45 - 24:30 45m Private Lesson L15	
	24:30 - 25:15 45m Private Lesson L16	
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